YOGA: A WAY OF LIFE

...pg 2

Prize felicitation

...pg 3

To the new crop of First Years...

...pg 4



Reader Engagement Initiative

Volume 12

Issue 01

July 2015 Circulated free to students of Vidyalankar (For private circulation only)



MH Education Minister Mr. Vinod Tawde visits VSIT

idvalankar School of Information Technology was privileged to host Mr. Vinod Tawde, education minister of the Maharashtra Government, on June 24. Around 300 students from across all the three colleges on the Vidvalankar campus attended the event which was held in the auditorium. Dr. Sanieewani Deshpande, Chairperson of Vidyalankar Dnyanapeeth Trust welcomed and felicitated the guest of honor. To mark the occasion, Deep Yoga was performed by NSS volunteers. In his address to the gathering, the Minister shared his own educational experiences and the journey from his student days to his present political responsibilities. He appealed to students to join politics to infuse new life into the Indian political scenario.

His address was followed by an interactive session with the students and the faculty members. He answered queries related to cultural events, sports, credit-based and choicebased patterns of education. He also spoke on his future plans regarding the new pattern of



examination for tenth and twelfth standard students. He emphasized on skill development for students who face failure in a regular academic system and provided insights into the Government's education development plan which is on the lines of a city development

The event was anchored by Prof. Vijay Gawade, Co-ordinator, Commerce and Management Department. Dr. Rohini Kelkar, Principal, VSIT proposed the vote of thanks. It was an informative and inspiring event for VSIT and added yet another feather in its illustri-

Education Beyond Boundaries

Vidyalankar ties up with University of Toledo, Ohio and Rutgers University, New Jersey



e, at Vidyalankar, believe that education is not confined to boundaries. The best possible global exposure, educational practices and methodologies are provided to the student fraternity to help transform them into global citizens. Vidyalankar not only believes in this philosophy, but has also taken major strides to provide students with global learning opportunities through its unique Transfer Programs.

Vidyalankar started its International Transfer Program in the year 2006 with the world renowned Penn State University, USA, and slowly the operations grew and many universities joined hands with Vidyalankar to provide quality education at an affordable cost.

This year Vidyalankar moved a step ahead and collaborated with the University of Toledo, Ohio for an MBA course. The students under this transfer program will study for one year at Vidyalankar and would be transferred to the University of Toledo for completing the second year. The degree will be awarded by the University of Toledo. The program also features one year of optional practical training where the student can work for one year on an F1 student visa.



Similarly Vidyalankar collaborated with Rutgers University, New Jersey for a Bachelors Program in Computer Science. Rutgers University, ranked 23 in Northen Region is the nation's eighth oldest University. Students study for two years at Vidyalankar campus and are transferred to Rutgers University for completing the third and fourth years of the course. Post the completion of this course, students can work for 2.5 years in the US on their student visas. The idea is that students should be in a position to get to exercise what they have learnt in the US.

- Shweta Apte Academic Advisor

Vidyalankar Classes and Publications





"Yoga is the fountain of youth. You're only as young as your spine is flexible." -Bob Harper



oga is not a religion; it is a way of living whose aim is 'a healthy mind in a healthy body'. Yogic exercises recharge the body with cosmic energy. This facilitates attainment of perfect equilibrium and harmony. It promotes self-healing. The art of practising yoga helps in controlling an individual mind, body and soul. Of the major initiatives that Prime Minister Narendra Modi has introduced since taking office, few generated as much static as Yoga Day, which had featured a 35 minute public demonstration of poses.

 ${\bf Vidyalankar}\,\bar{{\bf always}}\,{\bf encourages}\,{\bf its}\,{\bf students}$ and staff members to broaden their horizon, be

it academically or personally. Health is a vital aspect of everyone and Vidyalankar promotes healthy living for its members so that a healthy environment can be maintained. The ancient sciences of voga form the core of Vedic Wisdom and offer a time tested pathway into healing, turning obstacles into opportunities, finding your authentic voice and manifesting your fullest potent. One such kind is "Deep Yoga", devoted to providing accessible, pragmatic experiences of the deeper teachings of Vedic Wisdom to guide us on our journey of personal growth. It is an 'Asana' performed by placing a "Deep" on the forehead. It is an advanced step of nor $mal\, ``Yoga\, As ana"\, which \, is \, a \, perfect \, balance \, of \,$ breathing, flexibility, co-ordination and concentration. Our Sports Co-ordinator. Mr. Saniav Gore trained our students of VSIT who later participated in various events. With regular practice and guidance, a dynamic position has perfectly been poised.

VSIT has always considered the well-being of its employees as a matter of paramount importance and promotes several policies and amenities that are designed to create a caring and supportive working environment for its staff. Vidyalankar highly promotes this form of exercise which releases the negativity from

within and helps us to find our true self.

Mumbai University has celebrated its First International Yoga Day at Kalina Campus on 21st June 2015, in which various colleges participated. As always, Vidyalankar has taken an active initiative to promote this healthy and motivated way of living life. Professor Vijay Gawde was an active member to follow this path where around 200 students from all over Mumbai participated in the same. Along with our staff members, our students have also taken an initiative to enlighten us on the importance of Yoga.

- Rumeli Sharma Faculty, VSIT

Snippets from VI

VIT students go for international internships

Four students of VIT Anish Kulkarni, Adarsh Kumar, Tanmay Kolgaonkar and Darshana Pilke recently went on an International Internship at Works Application, Tokyo. Complete financial aid was provided for accommodation as well as for the journey from Mumbai to Tokyo. Also travel allowance (a pasmo) was provided to travel from their accommodation to the workplace. Two members were teamed up to develop a software tool and its relevant documentation in the internship. The team was guided by two mentors throughout the internship. Places visited during the internships included Akihabara - the electric town, Sunshine City in Ikebukuro, Asakusa Shrine, Shinagawa Aquarium, Takeshita Street at Harajuku, Tokyo Tower, Ameyokocho market at Okachimachi, Pokemon Themed cafe at Shibuya to mention a few.

ISTE conducts seminar on CERN



The Indian Society for Technical Education (ISTE) - VIT Chapter organized an interactive seminar on the experiments carried out at CERN, Geneva. The focus of the event was to cover the hypothesis, research, and experimental proof which led to the discovery of the Higgs Boson in the world famous, Large Hadron Collider. The guest speaker Dr. Shashikant Dugad, a brilliant scientist both at CERN and

the Tata Institute of Fundamental Research, enthralled the audience for the entire duration of the event. He also gave an idea of his work on the CMS experiment at CERN, Geneva.

Graduation Day 2015



VIT bid adieu to its Batch of 2015 in style. On 2 May around 800 VIT students of Engineering and Management disciplines attended the grand Graduation Day ceremony with a sense of triumphant achievement. The Chief Guest for the event was Mr. Rajesh Tiwari, Founder and CEO of Indian Centre for CSR. Mr. Tiwari addressed all graduating VIT students of 2015 Batch and said that during their college education the Institute has helped them to refine their analytical and logical skills and after moving out of the Institute their success depends on how effectively they use this knowledge. Mr. Tiwari complimented the Institute on its achievements, shared worldly wisdom with the graduates, and regaled the audience when he concluded his address with a thrilling cricket commentary excerpt.

GROWING

he Parent Interaction Committee of Vidyalankar Polytechnic Institute organized a seminar on 27 June 2015 for the first year students who need to repeat a year, and their parents. Mr Mithyl Dave was the speaker of the day. Around fifty students, their parents and teachers of VP attended the seminar.

The tagline of the event was "Growing Beyond". It aimed at motivating students and to help them realize their dreams. The speaker commenced his address by playing the national anthem. With this he emphasized that each student must respect their country, teachers and their parents. He spoke about his own experience as a student. Further he asked students about their dreams in life and explained the importance of time management and focused study in order to achieve their goals. Additionally he showed a number of videos of successful and famous personalities who looked at their failures as challenges and went on to become extraordinary personalities. The session also threw light on the daily struggle of parents and their unconditional love for their children.

At the end of the program Prof. Bindu Nair in formed the students that they would be permitted by the college to sit for semester I and II classes of 2015-16 academic year and to clear their backlog of subjects. The response was overwhelming. Most parents agreed to the proposal that such guidance sessions must be conducted every semester for the benefit of students.

- Sneha Thomas Faculty, VP



Prize felicitation









From India to the USA

y college, Vidyalankar School of Information Technology is sending me to the United States of America for the final two years of Bachelor of Business Administration (BBA). I gave my Indian School Certificate (ISC) examination (12th board exams) in March 2013 and passed with 84.6%. Soon, it was time to take admission to senior college. I had the opportunity to choose from a variety of courses in various colleges. I decided to choose Bachelor of Management Studies (BMS). After applying in some colleges here, I came across an advertisement on a transfer program in which a student studies in India for 2 years (BMS) and then, he studies in USA for another 2 years (BBA) and gets a degree from there. BMS and BBA are synonymous. This transfer program is conducted by Vidyalankar. The University with which the tie up is done is the University of Toledo, Ohio.

I was caught in a dilemma. After all, it's a matter of my career and my life. After a careful analysis of the pros and cons, I chose the transfer program. I knew at the back of my mind that I will get more experience and exposure in this course. College began in July, 2013. It was a blessing to have a class with just 12 students.

However, adjusting wasn't all that easy. Before coming here, I was in the same institution from Nursery to 12th. I wasn't really prepared for an environment that was completely different from that of my school. The First semester passed by and as time passed, I got accustomed with the rules, regulations and other aspects

pertaining to the college. As a student, I had to do my duties sincerely. This was possible only because of the amount of support and guidance we got from our teachers and the administration. Being such a small class, we enjoyed a very good rapport with them. Our lectures were always interactive and besides just academic discussions, we had a lot of general discussions and conversations. Spending so much time with each other, we developed healthy relations amongst

ourselves. We knew that in the near future, when we go to Toledo, we will have to be there for each other, like a family.

In November 2014, our final semester in India began. Excitement among us sharply rose! We began counting months. This semester also passed very smoothly. During this semester, we were trained for the Test of English as a Foreign Language (TOEFL) in- house. We all passed the exam with good scores. We also had some add-on courses during this semester. These add on courses like Physics, Psychology, Life Sciences etc. is an important criterion to fulfil in a transfer program. In March 2015 we gave our final exams in India. It was now time to begin our preparations to leave India.

Throughout these two years, Vidyalankar regularly contacted the administration of the University of Toledo. Professors and Directors

from the University came to visit us every semester to sort out and solve all our doubts regarding various aspects pertaining to the University. The University of Toledo responded to us very well. In spite of being the first batch going to Toledo, we are quite confident. This has been possible only because of the warm response we've got from the University. Vidyalankar always made sure to regularly communicate with the Professors and the Administration of



Vivek Anand

My journey in Vidyalankar has almost come to an end. I realised now that the decision I had made in 2013 was a wise one. Had I bothered about the apprehensions and followed what most students here do, I would still be in this

country for another one more year or even more. One of the benefits of doing an Undergraduate course in America is that one can choose a subject of specialisation like Finance, Marketing, Accounting, etc. Based on our liking towards the subjects taught here, we get enough clarity on the subject in which we want to specialise in. A major benefit of doing it from Vidyalankar is that the administration does all the paper work required to obtain the I-20. The Form I-20 is the acceptance letter from the concerned University on the basis of which a student gets his or her visa. Vidyalankar makes it so much easier for a student to go to USA. From sending all the transcripts to our financial documents to mapping the credits, it is all taken care of by Vidyalankar. If one were to try doing it individually, it is an extremely difficult task.

Doing this course is quite beneficial, not only because it saves so much money, but also sends the student at the age when he or she is mature enough to live abroad. Personally speaking, my parents were not comfortable with sending me at the age of 18. I will be leaving this August, after turning 20 and I can confidently say that I am well prepared to face the world and I can survive and live well without depending on others. To conclude I would like to quote this line by the famous poet, Robert Frost- "I took the road less travelled by, and that has made all the difference."

- Vivek Anand BBA Student. University of Toledo



"The game of life is a lot like football. You have to tackle your problems, block your fears, and score your points when you get the opportunity." —Lewis Grizzard

To the new crop of First Years...

ola newcomers! Welcome to Vidyalankar. Coming from a guy who was in your shoes just a year ago, let me say it, put on your seat belts and just enjoy the ride. I'm sure after the prolonged admission process, you guys must be eager to settle right into the college atmosphere and get to know everything and everybody.

College is fun. The only word that can describe this time of your life is supercalifragilisticexpialidocious. You get to meet new people, make new friends, and learn new things. The atmosphere is completely different from that of the school. You form bonds that last for life. Encounters that will change you and make you wiser. Develop you from a kid to an adult, a valuable resource to the country. Here at Vidyalankar, you will have these experiences while fulfilling the basic purpose of college, which is education. Having said that, never, for a

moment, think that the basic atmosphere of the college is on the stricter side. All the faculty are very friendly and you can consider them as one

of your own. You will have a great time with them as the semester progresses and you become familiar with them. I do not exaggerate when I say I wish I'm as cool as these profs when I'm at their age. This close bond between the teachers and students is what makes up the allied spirit of the Vidyalankar family.

Having said these things, down to the important stuff. The canteen food is decent. There aren't many places which serve such piquant biryani and flavorous vadasambhar at the same time. And to top it off, we have a CDX right outside the main building. The college main building is divided in blocks making it easy for one to find their way around. The labs are well equipped and efficient and everyone is happy to help. You can visit the FE department for any query you have and they will assist you appropriately.

Even the seniors gladly guide you around. Here's a friendly advice from me;) The V-lounge, Murphy's and the amphitheatre make up for badass hang out spots between the lectures (and during, for those adventurous souls).

Now, about the college life. Two words. It's awesome. The year is full of events; co-curricular and extra-curricular, both.

The lectures run from 9 to 4:45 with two breaks. one short 15 minutes, and the other half an hour long. All the activities organised are held after the college hours, thus upholding the spirit of putting studies before rest. The list of the activities goes long. You will get to attend various seminars organised by the Student Council, and student chapters of other organisations like IEEE, ACM and others. The Friday Paathshala is also a weekly affair aimed to bring out the artist, the singer, the dancer in you. And not to mention, the grand event from this semester, your freshers' party. That will be held somewhere in September. But the main fun lies in the semester after that. Loaded with events like Verve, traditional day, suit and saree day, among others, it is going to be a roller coaster ride.

To sum it up, enjoy this time while it lasts. Get out of the school mood and shine in these 4 years, because these aren't going to come back. Hang out with friends, go to places, get involved, and take part in activities, because you only go to college once. Your choices will be what define you for the rest of your life. As Robert Frost put it,

I shall be telling this with a sigh Somewhere ages and ages hence: Two roads diverged in a wood, and I, I took the one less travelled by, And that has made all the difference.

- Shubham Motiwale SE CMPN (1), VIT

10 interesting football facts to know!

ootball is the most popular game in the world. In a few days, the new season is scheduled to begin. After Chile's Copa America triumph against Argentina and USA lifted the Women's World Cup, every footie fan is eagerly waiting for the professional leagues to begin. Here are 10 football facts that every football fan should know.



The FA Cup is the world's oldest soccer competition. First held in 1871, it is a competition between teams from the English football league (Premier League, Coca-Cola Football League, and lower levels). There is also the FA Women's Cup.

Manchester United have won the English Premier League 13 times in its 21 year history. Arsenal and Chelsea FC are in joint second place, with 3 titles each.





Liverpool keeper Simon Mignolet speaks 5 languages and has a degree in politics.



Pelé is the youngest ever World Cup winner, picking up the gold in 1958 at just 17 years and 249 days. Way up the other end of the scale is former Italian goalkeeper Dino Zoff, who in 1982 became the oldest player to lift the trophy at 40 years and 133 days.

Miguel Muñoz, Giovanni Trapattoni, Johan Cruyff, Carlo Ancelotti, FranchRijkaard and JosepGuardiola are the only 6 people to win the European Cup/Champions



League crown as both a player and a manager, lifting the trophy a whopping 23 times between them.

them.

India could have played the FIFA World Cup.
India was then recognized by FIFA as the best team in Asia and so was invited to participate in the 1950
World Cup at Brazil.
The governing body
AIFF decided against going to the World Cup, being ununderstand the importance of the event at that time. Reasons given by AIFF were that there was high cost of travel and wanting to play barefoot!

MohunBagan Athletic Club, established in 1889, it is one of the oldest football clubs in Asia and one of the most successful clubs in India. They are the champions of the I-League 2015. Sheffield FC from England is the oldest football club ever.

Bindian Super League ranks the fifth highest football league in average attendance around the world, behind only German



ahead of the USA's popular MLS, French Ligue 1 and Mexico's Liga MX



Football has even led to a war. In 1969, El Salvador declared a war on Honduras after it lost a football match. The war was named as 'Football War', 'Soccer War' and '100 Hour War'.



Fernando Peyroteo, a Portugese striker from 1930s to 1950; had world's greatest goals-per-game ratio of 1.6. Compared to Lionel Messi and Cristiano Ronaldo, Messi has a goals-per-game ratio of 0.82 and Cristiano Ronaldo is 0.69

- Suman Pandit TE ETRX (1), VIT